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Blessed are the peacemakers.



Forever Wild

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"Healthy Debate"

I travel a lot thought-out the wide-open spaces of Wyoming meeting pastors and coaching churches. I, also, get outside of the state into other parts of the country. I usually stay in hotels and as I go down to the lobby for breakfast in the morning, usually the television is tuned to the rivals of Fox News or CNN. I usually drink my coffee and eat my breakfast listening to the nation's and world's stories being told from that network's perspective. All I can say is that they are telling the same stories from a completely different perspective and the spin is usually not going in the same direction, nor is it a very healthy debate!

This week I read a great article in Inc. entitled "A Six-Year Study Reveals the Surprising Key to Team Performance (and 9 ways to Enable It." It begins with these thoughts:

"Psychologist John Gottman can predict whether or not a married couple will be together five years later with startling 90 percent accuracy. How does he do it?

He watches them argue.

The ability to engage in healthy, productive debate is not only essential for ensuring a long marriage--it's also the key determinant of high performing teams.